



Editorial: The Inaugural Issue of Journal of Ayurveda Academia (JAA)

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Dear Researchers,

It is with immense pleasure and a deep sense of responsibility that I welcome you to the inaugural issue of the *Journal of Ayurveda Academia (JAA)*, January 2025 A.D. This marks the beginning of a significant journey in the dissemination of high-quality research and scholarly discussions in Ayurveda and allied sciences.

The *Journal of Ayurveda Academia* is a bi-annual publication (June & December), available both online and in print, with a double-blinded peer-review process ensuring the highest standards of academic integrity. As an interdisciplinary journal, *JAA* is committed to exploring Ayurveda in conjunction with allied sciences, creating a bridge between ancient wisdom and contemporary research. Readers can access the journal at www.ayuacademia.com.

Vision, Mission, and Objectives

Vision:

To establish the *Journal of Ayurveda Academia* as a premier platform for advancing evidence-based Ayurvedic research and fostering global recognition of Ayurveda as a comprehensive healthcare system.

Mission:

To integrate the classical wisdom of Ayurveda with modern scientific methodologies, promoting interdisciplinary research and knowledge dissemination for the benefit of humanity.

Objectives:

1. To encourage high-quality research in Ayurveda and related fields.
2. To validate traditional Ayurvedic practices using modern scientific tools and methodologies.
3. To foster collaboration between Ayurvedic scholars and professionals from allied sciences.
4. To promote innovative approaches in the application of Ayurvedic principles for addressing contemporary health challenges.
5. To create a global community of researchers, practitioners, and academicians committed to the growth and dissemination of Ayurvedic knowledge.

Highlights of Inaugural Issue

The inaugural issue of *JAA* brings together diverse research contributions that underscore the profound applicability of Ayurveda in addressing modern challenges:

- **Kailash Rana's** investigation of *Rumex vesicarius* (*Chukrika*) in the context of *Arochak* bridges pharmacognosy with clinical efficacy, offering new insights into this herb's therapeutic value.
- **Devraj Singh Panwar** presents an experimental study on food safety, demonstrating how *Vishaghna Dravyas* like *Shirish* and *Haridra* can reduce hexaconazole residues in apples.
- **Dhruv's** clinical case study on *Kshara Pratisarana* explores its effectiveness in managing second-degree hemorrhoids, revisiting a classical intervention in modern clinical practice.
- **Pankaj Singh's** review of *Dhanvantaram Taila* integrates classical Ayurvedic wisdom with contemporary perspectives, highlighting its multifaceted benefits in healthcare.

These contributions exemplify the innovative thinking and rigorous methodologies that are central to *JAA's* mission.

A Platform for Collaboration and Innovation

The *Journal of Ayurveda Academia* serves as a vibrant platform for scholars, practitioners, and researchers to engage in constructive dialogue and knowledge exchange. As an interdisciplinary journal, it aims to nurture collaborations that validate Ayurvedic principles while addressing contemporary health issues.

We extend a warm invitation to contributors worldwide to share their expertise, submit their research, and participate in this collective journey of knowledge creation and dissemination.

Acknowledgments

This milestone would not have been possible without the unwavering support of our editorial board, reviewers, and contributors. I extend my heartfelt gratitude to our authors, whose scholarly efforts form the foundation of this journal, and to our readers, whose enthusiasm motivates us to strive for excellence.

The Road Ahead

As we take this initial step, let us work together to realize the vision of *JAA* to illuminate Ayurveda through scientific inquiry and foster its integration into global healthcare. Your feedback, suggestions, and engagement will be

invaluable as we shape the future of this journal.

We invite you to make this journal your academic home, where your research will reach an audience eager for innovative ideas and solutions. By publishing in JAA, you contribute not only to the growth of Ayurveda but also to global healthcare transformation.

We are committed to highlighting your work with the highest standards of visibility and accessibility. Join us in setting new benchmarks for interdisciplinary research. Let your findings inspire, educate, and empower a community of scholars and practitioners worldwide. Together, we can redefine the landscape of Ayurvedic science for generations to come.

With warm regards and best wishes!